

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Resident Led Team Led Vendor Led	Location Key (AR) Arts/Crafts Room (BR) Billiards Room (MR) Media Room (L) Lobby					1 10-12pm: Jokers (L) 1pm: Bunco (BR) 1-3pm: Bridge Lessons (BR) 2pm: Diamond Dotz (L)
2 2pm: Rummikub (L) 6-8pm: Wine Group - Great Vines (L)	3 1pm: Canasta Group (BR) 1pm: Crochet Club (MR) 1pm: Canasta Group *Pennies from Heaven* (L) 6pm: Tripoley 6pm: Cue Up at the Table (BR)	4 9:30am: Coffee & Conversations 10:30am: Spanish Class (AR) 12:30-2:30pm: Scrabble (MR) 1:30-3:30pm: Mahjong (BR) 1-3pm: Quiddler & Euchre (L) 6-8pm: Dominoes (L) & Trivial Pursuit Tuesday	5 9am: Prayer Breakfast (L) 1-3pm: 5 Crowns (L) 2pm: Men's Bible Study 5pm: Milestone Mix & Mingle	6 10am: Line Dance w/Lori 11am: Humana-Medicare Updates 2pm: Origami (AR) 3-7pm: NorthStar Game Night	7 10am: LRC (L) 11am: PTSD Group (MR) 1-3pm: Phase 10 (L) 1-4pm: Party Bridge (BR) 2-3pm: We color (L)	8 10-12pm: Jokers (L) 1pm: Bunco (BR) 1-3pm: Bridge Lessons (BR) 2pm: Diamond Dotz (L) 6pm: Karaoke with Nathan & Jim
9 1pm: Sunday Cinema (MR) 2pm: Rummikub (L)	10 1pm: Canasta Group (BR) 1pm: Crochet Club (MR) 1pm: Canasta Group *Pennies from Heaven* (L) 6pm: Tripoley 6pm: Cue Up at the Table (BR)	11 10:30am: Spanish Class (AR) 12:30-2:30pm: Scrabble (MR) 1:30-3:30pm: Mahjong (BR) 1-3pm: Quiddler & Euchre (L) 4pm: Veteran's Day Service 6-8pm: Dominoes (L) & Trivial Pursuit Tuesday	12 9am: Prayer Group (L) 1-3pm: 5 Crowns (L) 2pm: Men's Bible Study	13 10am: Tips & Tricks for your CPAP/Sleep Apnea 2pm: Origami (AR) 3pm: Tea Talk 3-7pm: NorthStar Game Night	14 10am: LRC (L) 11am: PTSD Group (MR) 1-3pm: Phase 10 (L) 1-4pm: Party Bridge (BR) 2-3pm: We color (L) 5pm: PJ Palooza	15 10-12pm: Jokers (L) 1pm: Bunco (BR) 1-3pm: Bridge Lessons (BR) 2pm: Diamond Dotz (L)
16 1pm: Sunday Cinema (MR) 2pm: Rummikub (L) 6-8pm: Wine Club-Star Sippers *Full*	17 12pm: Lunch & Learn with Pair Specialists of America 1pm: Canasta Group (BR) 1pm: Crochet Club (MR) 1pm: Canasta Group *Pennies from Heaven* (L) 6pm: Tripoley 6pm: Cue Up at the Table (BR)	18 9:30am: Coffee & Conversations 10:30am: Spanish Class (AR) 12:30-2:30pm: Scrabble (MR) 1:30-3:30pm: Mahjong (BR) 1-3pm: Quiddler & Euchre (L) 6-8pm: Dominoes (L) & Trivial Pursuit Tuesday	19 9am: Prayer Group (L) 1-3pm: 5 Crowns (L) 2pm: Men's Bible Study 5pm: Thankful for Bingo	20 10am: Line Dance w/Lori 11am: Crafts: Marbled Holiday Ornaments 2pm: Origami (AR) 3-7pm: NorthStar Game Night	21 10am: LRC (L) 10:15am: Georgetown WOWMobile 11am: PTSD Group (MR) 1-3pm: Phase 10 (L) 1-4pm: Party Bridge (BR) 2-3pm: We color (L) 4-6pm: Food Truck Friday & Karaoke	22 10-12pm: Jokers (L) 1pm: Bunco (BR) 1-3pm: Bridge Lessons (BR) 2pm: Diamond Dotz (L)
23/30 1pm: Sunday Cinema (MR) 2pm: Rummikub (L)	24 11am: Crafts: Milestone Makers-Cards (L) 1pm: Canasta Group (BR) 1pm: Crochet Club (MR) 1pm: Canasta Group *Pennies from Heaven* (L) 4:15pm: NorthStar Veteran's Group Meeting (L) 6pm: Tripoley 6pm: Cue Up at the Table (BR)	25 10:30am: Spanish Class (AR) 12:30-2:30pm: Scrabble (MR) 1:30-3:30pm: Mahjong (BR) 1-3pm: Quiddler & Euchre (L) 6-8pm: Dominoes (L) & Trivial Pursuit Tuesday	26 9am: Prayer Group (L) 1-3pm: 5 Crowns (L) 2pm: Men's Bible Study 3pm: Thankful for Pie	27	28 10am: LRC (L) 11am: PTSD Group (MR) 1-3pm: Phase 10 (L) 1-4pm: Party Bridge (BR) 2-3pm: We color (L)	29 10-12pm: Jokers (L) 1pm: Bunco (BR) 1-3pm: Bridge Lessons (BR) 2pm: Diamond Dotz (L)

**Mondays @ 10am: Fitness Strength
& Stretch with Taylor**

**Tuesdays @ 8:30: Yoga with
Jennifer**

**Wednesdays @ 10am: Get Fit with
Christina**

**Fridays @ 11am: Fitness Strength &
Stretch with Taylor**



November Birthdays

Janice B 11/01	Neff K 11/23
Shirley F 11/04	Tim W 11/24
Gary F 11/08	Annie C 11/25
Edward U 11/10	Mary H 11/25
Nathan R 11/15	Carl S 11/28
Blake F 11/16	Helen G 11/30
Julia D 11/20	Augustine K 11/30
Ellen N 11/21	Ruth P 11/30

BOOK DRIVE

Keeping with the school drive theme.....
8 years ago our own Connie Roalson
started collecting books for families from
a local Elementary School. Last year they
supplied 1,876. Let's help them surpass
this amount!
From Kinder to 5th grade, bring a picture
or chapter book and place in the donation
box in the lobby.

NORTHSTAR

ACTIVE ADULT LIVING

Events

11/04 & 11/18: Coffee & Conversations - With questions ranging from "What's Your Favorite Childhood Memory" to "What Celebrity Would You Like To Dine With", our conversations are sure to make you laugh and maybe even cry. Happy tears of course.

11/05: Milestone Mix & Mingle - Join us as we celebrate birthdays, new residents and everything else! It's National Donut Day so join us for coffee (with add-ins) and donuts galore!

11/08: Karaoke with Nathan & Jim - Join our Community and get ready to belt out your favorite tune!

11/11: Honor our Veterans on this day. We will have a cake and ice cream social as we say Thank you.

11/13: Tea Talk: It's like Coffee & Conversations but in the afternoon and with tea if you choose!

11/14: PJ Palooza: It's National PJ Day! Come dressed in comfort and feast on a breakfast spread!

11/19: Thankful for Bingo!: It's our last Bingo of the year. We will have Holiday themed prizes up for grabs. Guess what? Lori will be making red beans & rice for supper!

11/20: Crafts: Marbled Holiday Ornaments. Join us to make a set of marbled holiday ornaments. You choose your color scheme!

11/21: Food Truck Friday & Karaoke - Join us for Karaoke in the Clubhouse. O's Chophouse will be here providing delicious BBQ (I know ya'll love those baked potatoes) for purchase.

11/24: Veterans' Meeting: Join our wonderful group of Veterans here at NorthStar

11/26: Thankful for Pie: It's our Annual Pie Social. Bring a pie to share. NorthStar will also provide pies. Gather with our community as we give thanks.

Presentations

11/06: Medicare with Humana: Juan and Allison will be here to discuss all the new changes to Medicare

11/13: CPAP/Sleep Apnea Information. Join our resident, Mr. Larry, as he gives his tips and tricks for using CPAP

11/17: Lunch & Learn with Pain Specialists of America

Live here
Live well.

See our
lifestyle
for yourself!



GREYSTAR™



55+